



## **FACEBOOK LIVE EVENT – COPD ‘Stay Well’ in Winter**

**Tuesday 22nd October 6-7pm**

Our Respiratory Champion and Specialist Nurse – Lisa Healey, alongside Nurse Anne Williams & Dr Jeremy Welch will be talking through the questions below:

- What is COPD?
- What are the symptoms?
- What is an exacerbation and what can/should I do?
  - What can I do to help my COPD?
  - Why is winter a tougher time for me?

The panel will be happy to answer any questions during the live event.

We invite all patients with COPD to attend (anyone else is very welcome too!!)

**Visit our Staunton and Corse Facebook page to join the event on  
22/10/24 @ 6pm**